

MPC CHARACTER TRAIT FOR JANUARY – FEBRUARY 2019 IS ‘MENTORING’

Mentoring can involve a person taking on a particular role of a wise, trusted advisor or counsellor. Peer mentoring is a form of mentorship that usually takes place between a person who has lived through a specific experience and a person who is new to that experience. A good example of this is recent ‘Manningham Australia Day Perpetual Trophy’ worthy recipient Melissa Noonan.

Melissa Noonan came up with the idea for Limbs 4 Life soon after losing her right leg above the knee in an accident. She was undergoing rehabilitation and was feeling isolated and worried. She could not believe how many amputees there were in rehabilitation and, she could not understand how in a country such as ours information and support did not exist.

Limbs 4 Life is the peak body for amputees in Australia and was founded as an incorporated charity in 2004. Limbs 4 Life provides services to thousands of amputees and their care-givers, who rely on programs and services for assistance prior to and/or after a limb amputation.

Without Limbs 4 Life many amputees and children with limb differences, as well as their families, could be forced to go through the trauma of limb loss alone. Since its formation, Limbs 4 Life has greatly extended the support available to amputees, their families, primary care givers and healthcare staff.

Limbs 4 Life’s supports include:

- Peer support programs
- Amputee resources and well being information
- Independent support helping amputees to navigate the health-care and disability systems and,
- Access to social inclusion events and activities



Melissa Noonan, accompanied by President Lionel Allemand, receiving the Manningham Australia Day Perpetual Trophy from Hon. Kevin Andrews MP

MPC Annual Report etc. is available on the website above