

**MPC CHARACTER TRAIT FOR SEPTEMBER – OCTOBER 2018 IS ‘DISCIPLINE’**



Many athletes work hard and discipline themselves to be the best that they can be. Discipline, or self control, is what is needed for them to achieve their goal of becoming a top athlete in their chosen sport.

**BILL & HELEN LARKIN ‘FAIR GO’ GOOD SPORT DAY – 10 OCTOBER 2018:**

The MPC Bill & Helen Larkin ‘Fair Go’ Good Sport Day is being held at the Veneto Club on 10 October 2018. The event includes five sporting activities; Dodge Ball, Bocce, Soccer, Cricket and AFL. All Manningham Primary Schools have been invited to participate. Coaches and MPC personnel will be on hand to support the students who are transported to and from their respective School to the venue by bus.

A number of MPC Character Traits will be promoted on the day and, they are:

- Encouraging – students will be encouraged to have a go and to learn new skills
- Fair Go – for all students to give themselves and others a fair go
- Integrity – students will be encouraged to be honest with themselves and others
- Respect – to be shown to students, coaches and others
- Team Work – students will encouraged to work together in all activities

**MPC ANNUAL GENERAL MEETING – 24 OCTOBER 2018:**

The MPC Annual General Meeting will be held at 11am on Wednesday 24 October, 2018 at the Manningham Council Offices.

**MEL NOONAN, MPC AMBASSADOR & ‘WESTFIELD LOCAL HERO’**

Congratulations to Mel Noonan, Founder of Limbs 4 Life, who has been chosen as a Westfield Local Hero.

Melissa’s unflagging efforts include visits to schools and community groups to share her story and to raise awareness. She is determined to help prevent future amputations by encouraging prevention, such as foot-health checks for older people and those at risk because of diabetes.

Limbs 4 Life responds to 2,000 calls a year and, around 150 people who have lost limbs have been trained to provide support. Limbs 4 Life will use its \$10,000 award to help increase its volunteer workforce and print information kits. Well done Melissa.